

Differentiation between psychotherapists and counsellors would mean:

- There would be two sets of standards of proficiency setting out the standards required for safe and effective practice.
- Practitioners would have access to the title(s) for psychotherapists, or the title(s) for counsellors, or both if they were dual registered.
- There would be approved qualifications for each - i.e. approved qualifications leading to eligibility to register and use the title(s) for psychotherapists, and approved qualifications leading to the eligibility to register and use the title(s) for counsellors. Some programmes might be successful in being approved for eligibility for both.
- The threshold educational level has to be set at the level necessary to achieve the standards of proficiency. As there would be two separate sets of standards of proficiency, this would mean that the level could potentially be set at different levels for psychotherapists and counsellors.

No differentiation between psychotherapists and counsellors would mean:

- There would be one set of standards of proficiency setting out the standards required for safe and effective practice.
- Practitioners would have access to any protected titles for the part of the Register (e.g. they could use both 'psychotherapist' and 'counsellor').
- There would be approved qualifications that lead to the eligibility to register and use any of the protected titles.
- The threshold educational level has to be set at the level necessary to achieve the standards of proficiency. As there would be one set of standards of proficiency, this would mean that only one level could be set for entry to the part of the Register.